

ST BRIGID'S NEWSLETTER

WEEK 2

TERM 4

2025

FROM THE PRINCIPAL

Dear Families,

Welcome back to Term 4! I hope the holiday break brought rest, joy, and precious time with loved ones. As we begin this final term of the year, there's a renewed sense of energy and purpose across our school. Term 4 is always a special time—filled with celebration, reflection, and preparation for the exciting transitions ahead.

At St Brigid's, we continue to place student wellbeing at the heart of everything we do. This term, our classrooms will engage in weekly wellbeing lessons and mindfulness practices to support a positive mindset. As students prepare to move into new year levels—and for our Year 6 students, into high school—we'll be focusing on building resilience and confidence. We know this can be an emotional time, and our staff are here to guide and support every child with care and compassion.

Term 4 is packed with exciting events, including our end-of-year concert, Year 6 graduation, and the swimming carnival. Please refer to the "Upcoming Events" section below for full details. We warmly invite

St Brigid's Catholic Primary School

Values

Be your best self

Act in the spirit of Jesus

Be a passionate learner

Embrace a passion for learning

Be respectful

Respect and celebrate uniqueness

Be the difference

Work in partnership with the community

Gentleness and Strength

families to join us in celebrating these milestones and to consider volunteering where possible—your presence makes these moments even more special.

This week marks Miss Brydie Parle's final week at St Brigid's. Since joining us in 2023, Brydie has brought so much warmth, dedication, and passion to her teaching. She has been a source of encouragement, wisdom, and genuine kindness to all those she meets—always willing to lend a hand or share a smile. While we are sad to see her go, we are also immensely grateful for her contribution to our school community. Mrs Evelyn Walker will be teaching 2P for the remainder of the year, and we know she will continue to nurture and support our students with care.

In Week 3, our leadership team will meet with colleagues from the Rockhampton Catholic Education – Western Region to collaborate on school improvement plans and goals for 2026. Once these plans are drafted, we will present them to our school community for feedback. Your insights are invaluable, and we look forward to working together to shape the future of St Brigid's.

Thank you for your continued support and partnership. Let's make Term 4 a joyful, purposeful, and memorable chapter in our school year.

Warm regards,

Tegan Green
Principal

FROM THE A.P.R.E

Socktober - Catholic Mission

This week our school is excited to participate in Catholic Mission's Socktober campaign, an initiative that brings our faith to life by promoting solidarity, compassion, and action. Socktober invites students to learn about global issues, reflect on their blessings, and take meaningful steps to support vulnerable communities worldwide.

To support this wonderful cause, we will be hosting a Crazy Sock Day! On this day, students are encouraged to wear their craziest, most colourful socks and bring a gold coin donation. All funds raised will go directly to Catholic Mission, helping provide education, healthcare, and hope to children in need.

We are also luck to have the Rockhampton based National Evangelisation Team (NET) visiting Year 6 to run a social justice themed retreat. We welcome these young people to St Brigid's.

Term 4 Significant Dates

- Friday Children's Mass at 9am at St Patrick's Church
 - Friday 17 October Year 1 and 5
 - Friday 24 October Year 4
 - o Friday 31 October Year 2 and 3
 - Friday 7 November Prep and Year 6
- Tuesday 21 October 12pm Whole School Mass (Grandparents Day) (2J)
- Monday 10 November 1:30pm Remembrance Day Prayer Assembly (4H)
- Wednesday 3 December 9am Mass of Thanksgiving, Awards Ceremony and Year 6 Graduation

God bless

Meaghan Tucker





CURRICLUM NEWS

Welcome back to our final and most exciting term of the year at St Brigid's! I hope this newsletter finds you well-rested and ready for the incredible opportunities and events that lie ahead.

Term 4 is always a vibrant and bustling time in our school community. One of the highlights will be our Swimming Block, where students will have the chance to build water confidence and develop essential swimming skills. Additionally, the much-loved Christmas Concert is returning, promising to fill our hearts with the joy and hope of the season as we prepare to celebrate the birth of Christ. Amidst these special events, our classrooms will remain a hive of activity, with rich and engaging learning experiences planned to inspire curiosity, creativity, and collaboration.

While Term 4 is filled with excitement, it is also a very busy period for our students. To help them thrive both academically and emotionally, I'd like to take this opportunity to emphasise the importance of maintaining healthy habits. Ensuring routine exercise, establishing regular sleeping patterns, and limiting screen time are simple yet powerful ways to support your child's physical and mental wellbeing. These practices provide students with the energy, focus, and resilience they need to navigate the term with confidence and joy.

As always, we thank you for your continued partnership in your child's learning journey. Together, we can ensure that Term 4 is a meaningful and memorable time for everyone.

Please keep an eye on our school calendar for updates on upcoming events and activities. If you have any questions or need assistance, our staff are always here to help. Let's make this term one to remember!

Wishing you and your families a happy and productive Term 4.

Warm regards,

Mr Francey

SCHOOL UNIFORM SHOP

Opening Hours (Term Time Only)

Tuesday afternoon 2:00pm - 4:30pm

Thursday morning 8:00am - 10:00am

Email: stbrigids@wearitto.com.au

TUCKSHOP

Every Friday
Orders close 10am Thursday

Wednesday- Subway
Orders close Wednesday 8am



LIBRARY NEWS

Book Fair

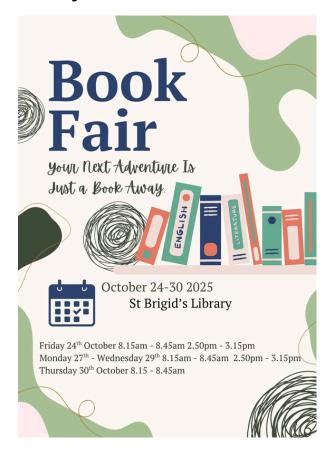
Friday 24th October to Thursday 30th October

St Brigid's is very excited to host Book Fair in Term 4!

It's always a well-supported event and every purchase helps the library buy new books. Keep an eye out for more information as it gets closer.

Happy Reading!

Mrs Strong



CELEBRATING STUDENT SUCCESS

During the recent school holidays, Amity proudly represented Queensland at the National Equestrian Championships in Sydney.

Amity's dedication, discipline, and love for her sport were evident in the lead-up to the event. She spent countless hours training, caring for her horse, and competing at local and regional competitions to earn her place on the Queensland team. Impressively, Amity was the youngest member of the Queensland team this year.

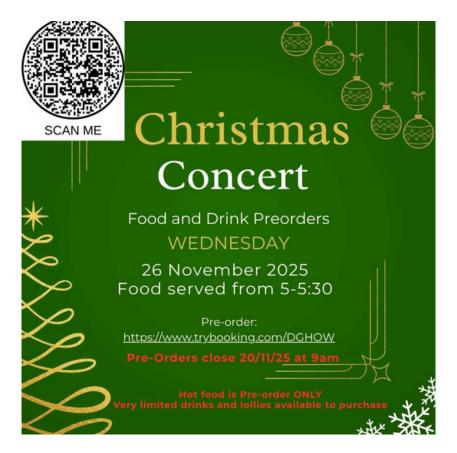
Her hard work and commitment paid off as she competed with riders from across Australia, showcasing her talent and sportsmanship on the national stage. Amity placed 10th overall — a fantastic achievement at such a high level of competition.



UPCOMING EVENTS

TERM 4

- Wednesday 15th October Prep 2026 welcome BBQ
- Wednesday 15th October P&F meeting (5:30pm)
- Friday 17th October Soctober (gold coin donation)
- Tuesday 21st October Grandparents Mass 12:00pm
- Sunday 26th October Grandparents Day
- Tuesday 28th Thursday 30th October Swimming 3P/4/5/6
- Friday 31st October World Teachers Day
- Tuesday 4th Thursday 6th November Swimming 3P/4/5/6
- Monday 10th November Remembrance Day Assembly 1:30pm
- Tuesday 11th Thursday 13th November Swimming P/1/2/3I
- Wednesday 12th November P&F meeting (5:30pm)
- Friday 14th November Prep 2026 Orientation morning
- Tuesday 18th Thursday 20th November Swimming P/1/2/3I
- Friday 21st November Yr 3 6 Swimming Carnival (P-2 wet day)
- Wednesday 26th November Christmas Concert (5:00pm food available - 6:00pm concert start)
- Thursday 27th November Yr 6 retreat day
- Tuesday 2nd December Yr 6 Marist trasnition day
- Tuesday 2nd December P-Yr5 Uplift day
- Wednesday 3rd December Mass of Thanksgiving and Graduation
- Wednesday 3rd December Last day of school



STUDENT PROTECTION

At St Brigid's any concerns or reasonable suspicions about a student's safety and wellbeing or the behaviour of a staff member or volunteer which a student considers to be inappropriate, will continue to be managed in accordance with Rockhampton Catholic Education Student Protection Processes.

The Student Protection Contacts at St Brigid's are:

Mrs Tegan Green - Principal
Mrs Meaghan Tucker - APRE
Mrs Josephine Carew - Year 6 Teacher
Mr Michael Smale - Counsellor

Further information about Rockhampton Catholic Education's commitment to Student Protection is available on the link below.

https://www.rok.catholic.edu.au/our-schools/student-protection/



TERM 3 - WEEK 10

Prep - Jacob & Maisy

Year 1 - Shrika & Lachlan

Year 2 - Isabelle, M & Ella

Year 3- Chloe & Nathan

Year 4 - Tori & Hayden

Year 5- Izzy & Indi

Year 6 - Sapphire & Piper.T

Awesome Athlete- Audrey (Yr 1)

Music Maestro - Reid (Yr 3)

UPCOMING PARENT SESSIONS



Wednesday 8, 15, 22 October 2025 – 9.30am to 11.30am CatholicCare, 141 Egerton St, Emerald.

Parents will learn to identify and counter anxiety in children over three, 2 hour workshop sessions, with a skilled member of our Family Relationship Team.

By having a greater understanding of the problem of increasing levels of anxiety in children parents can counter it's progress.

Our workshop is designed to specifically assist the children of separating parents who are currently engaging services from the Family Relationship Centre.

- An overview of how a well-honed theory of parenting (what you need to repeatedly do) can assist parents to manage children's worries.
- Coverage of how some misguided polices are making parents and children more anxious.
- The brain, including how the pre-frontal middle cortex and the amygdala operate, and where fear and anxiety originates.
- Commonly misused phrases and cognitive distortions used by children and their peers.
- A helicopter view of what risks we can allow and which require us to keep children safe.
- 'Traps and trip wires': what to do when a childs amygdala starts to play-up.
- Memorable strengthening sayings, questioning strategies and mindfulness exercises.









Provided in Central Queensland by

Catholic Care



Find an end to arguing and yelling, this workshop can help change your parenting style in simple & effective ways!

Thursday 9.30-11.30am 9, 16, 23 October 2025. CatholicCare, 141 Egerton St, Emerald.

Learn skills to help resolve difficult behaviour in teenagers provided by the Family Relationship Centre at CatholicCare

You will learn:

- Some common ground shared by parents & reasonable expectations to hold about adolescents
- New understandings of adolescents
- A three-option model & flow chart for decision-making
- Self check-in, first, for parents
- Building a relationship with your teenager and making the best of your non-crisis conversations with them

Participants will receive:

- A workbook to apply the concepts learnt to their families
- A certificate of completion



Or Scan the QR code >









more than just a school...



Transport Assistance Scheme

Student Travel Rebates Semester2

Bus Fare Assistance

- Does your child attend a non-state school outside the Brisbane City Council boundary?
- Does your **family** spend more than **\$40/week*** on bus/ferry fares to and from school (*\$30/week if you, the parent, hold a concession card)?
- Does your child travel on a **publicly** available service not owned or chartered by the school?

Students With Disability

- Was your child **included on the latest**
 - Commonwealth Census as a student with a disability requiring supplementary, substantial or extensive adjustments?
- Does your child's Personalised
 Learning Plan confirm their transport needs are demonstrably different to those of their same aged peers by reason of their disability?
- Has your school's learning support teacher assessed your child's Travel Capability Rating of 'semiindependent' or more dependent?

Visit our website to see ifyou qualify for our financial assistance to help withthe cost of transport and

apply at SchoolTransport.com.au during October.

Late applications cannot be accepted after 31st October.





