

ST BRIGID'S NEWSLETTER

WEEK 10

TERM 1

2025

FROM THE PRINCIPAL

As Term 1 draws to a close, we reflect on what a fantastic term it has been – filled with joyful moments, special celebrations, and strong community spirit. We've been blessed with a number of amazing events that brought us together, including:

- St Brigid's Day Open Classrooms a beautiful celebration of our patron saint and a chance for families to connect with student learning
- Shrove Tuesday Pancake Breakfast full of sweet smiles and sizzling pans!
- Cross Country a brilliant day of energy, determination and house spirit
- Harmony Day where we proudly celebrated the diversity and inclusivity that make our school so special

And that's just to name a few!

A heartfelt thank you to our parents, carers, and wider school community for your continued support and involvement in the life of our school. Your presence at events, your encouragement of your children, and your engagement through our social media channels has been incredible. It's been wonderful to see so many of you staying informed and celebrating our students and school online – and we can't wait to share even more highlights in Term 2!



As we head into the holidays, we encourage everyone to take this opportunity to pause, rest, and spend time together as a family. Term time can be full and busy, and the break is a chance to recharge – mentally, physically, and spiritually. With Holy Week and Easter approaching, it's also a time to reflect on the themes of love, sacrifice, and renewal. Pope Francis reminds us of the importance of nurturing family bonds and faith during this sacred time. You can read a message from the Pope on the meaning of Easter and time with loved ones here: Message from Pope Francis – Holy Week & Family

We are already looking forward to what Term 2 has in store – more exciting learning, celebrations, and opportunities for our students to shine. Stay tuned for updates and events as we continue to grow together in faith, knowledge, and love.

Wishing all our families a safe, restful and joyful Easter break.

Warm regards,

Tegan Green
Principal

FROM THE A.P.R.E

Jesus is the reason for the season

Easter is the most important celebration in the Catholic faith, marking the resurrection of Jesus Christ from the dead. It is a time of joy, renewal, and hope, reminding us of God's immeasurable love. After the reflective period of Lent, where we prepare our hearts through prayer, fasting, and almsgiving, Easter brings the celebration of Christ's resurrection.

As we celebrate Easter, we are encouraged to reflect on its true meaning. Families can spend this time attending Mass together, participating in special prayers, and talking about Jesus' resurrection.

Acts of kindness and charity also reflect the spirit of Easter. This could include visiting someone in need, donating to a good cause, or simply offering a helping hand to those around us. By spreading love and joy, we continue Jesus' mission of compassion.

I wish you every blessing over this Easter break and look forward to seeing you in Term 2.

God Bless Meaghan Tucker St Patrick's Parish Mass Times
Cnr Anakie and Ruby St Emerald
Saturday 6pm
Sunday 8am
All Welcome

Pray for Renee, Michelle and
Susan who will be fully initiated
into the church at Easter.
Pray for our Sacramental and
RCIC students

CURRICLUM NEWS

As we conclude a busy and productive Term 1, I would like to take a moment to reflect on the incredible achievements of our students across academic, sporting, and philanthropic pursuits. It has been heartening to witness the dedication and hard work of our students, staff, and families throughout the term.

One of the most significant highlights has been the impressive 6.5% increase in students reading at or above year-level expectations compared to Term 4, 2024. This remarkable improvement reflects the unwavering commitment of our teachers, teacher aides, and students in prioritising the vital skill of reading. A significant contributor to this success has also been the consistent attendance of students over the course of Term 1 - with an average attendance rate of 91.3%. Congratulations to all involved — your efforts are truly making a difference!

Looking ahead to Term 2, we are excited for the upcoming Athletics Carnival and the continued preparations for the Challenge Cup. In addition to these events, our students can look forward to a range of exciting STEM and academic opportunities designed to inspire curiosity and deepen their learning. We are also thrilled to announce the recommencement of our popular lunchtime sports competitions, along with some exciting new interhouse challenges such as Robot Wars — an exciting new addition sure to ignite creativity and teamwork among our students.

As we enter the holiday period, I encourage families to help their children balance screen time with active and engaging pursuits. Continuing to read with your child over the break will be crucial in consolidating the wonderful gains made this term.

On behalf of the staff at St Brigid's, I would like to extend my heartfelt thanks to our families for their ongoing support and partnership in creating a positive learning environment for our students. May you all enjoy a restful, joyful, and safe Easter break.

Mr Francey

STUDENT WELLBEING

As we enter into week 10, I thought I would speak to parents and guardians about resilience and how to build resilient children. When I speak about resilience – what do I mean? Resilience is the ability to adapt to new and difficult situations, to rise up and meet challenges head on and the capacity to maintain your mental wellbeing despite how tough the situation has been. A lack of resilience often stems from taking on too much too quickly and setting yourself up for failure. So how can your child build resilience unless they try and take on new and challenging situations?

Here's 8 tips on building resilience in students:

- Have resilient adults around you Mums and Dads, it's up to you to model a best-practice example on how to be resilient......but also to explain how you get through tough situations:
- Find and celebrate your strengths! at the end of each day, have a chat with your child about what things they did really well today and what areas they can work on to do better next time;
- Be positive and hopeful, even when things get tough! Teach your child optimistic thinking to power their success (ie: is your glass half empty or half full?);
- Build capacity to be flexible and adaptable teach your child to be open to change in different situations and not to overthink / overreact;
- Build personal mastery through connection and meaning to tasks – teach your child that practice makes perfect (footy, netball, schoolwork, etc) and that it's ok to make mistakes;
- Resilience is built by mentors and parents who model good examples – praise your child's successes and failures (we teach our kids how to be gracious in success and failure);
- Problem solving and taking action can lead to self-improvement

 teach your children that they can make mistakes and still solve
 the problem; and
- Self-acceptance builds capacity & character I am me and I am amazing

STUDENT PROTECTION

At St Brigid's any concerns or reasonable suspicions about a student's safety and wellbeing or the behaviour of a staff member or volunteer which a student considers to be inappropriate, will continue to be managed in accordance with Rockhampton Catholic Education Student Protection Processes.

The Student Protection Contacts at St Brigid's are:

Mrs Tegan Green - Principal Mrs Meaghan Tucker - APRE Mrs Josephine Carew - Year 6 Teacher Mr Michael Smale - Counsellor

Further information about Rockhampton Catholic Education's commitment to Student Protection is available on the link below.

https://www.rok.catholic.edu.au/our-schools/student-protection/



If you think that your child could benefit from some support from the school counsellor, please do not hesitate to contact Miss Galloway, myself or speak to your child's classroom teacher – michael_smale@rok.catholic.edu.au; Kelsey_galloway@rok.catholic.edu.au

School Counsellor

Michael Smale

INCLUSIVE EDUCATION

What is Executive Functioning?

Executive function is a group of cognitive processes that allow us to control and coordinate our thoughts and actions. It's often described as the brain's "air traffic control system". The twelve executive functioning skills are self-restraint, working memory, emotion control, focus, task initiation, planning/prioritization, organization, time management, defining and achieving goals, flexibility, observation, and stress tolerance.

Key Skills:

- Working Memory: Holding information in our mind for a short period while working with it.
- Cognitive Flexibility: Being able to switch between different tasks or ideas and adapt to changing situations.
- Inhibition Control: Suppressing impulses or distractions and focusing on the task at hand.



Why it's important:

- Academic Success: Executive function skills are vital for learning, following instructions, organizing assignments, and completing tasks.
- Work Performance: These skills are essential for planning, prioritizing tasks, managing time, and problem-solving in the workplace.
- Social Skills: Executive function helps us understand social cues, regulate our emotions, and manage interactions with others.
- Mental and Physical Health: Strong executive function skills can contribute to better mental and physical well-being, as they help us manage stress, make healthy choices, and achieve our goals.

Executive function skills begin to develop in early childhood and continue to develop throughout adolescence and into adulthood. Research suggests strong executive functioning skills make a difference in your mental and physical health and quality of life.

Learning Enrichment Teacher

Shannon Butler

LIBRARY NEWS

Lunchtime in the Library

In the Lego corner we have begun construction of the show piece with the theme 'Stargazing in the Outback'. This piece will be entered into the Emerald Show in June. The show piece is a highlight for all involved and we have won the School Build category in 2022 and 2024. All of the other amazing Lego creations will have their photo shoot and then it's time for 'demo day'. We put all the creations away for the holidays so we can start fresh next term.





Crochet Club and Yarn Crafts

Lots of students have been interested in trying out crochet and other yarn crafts. Thursday is Crochet Club Day in the library but if students are happy to bring in their own supplies and find a spot to sit, any day can be crochet day! Friendship bracelets/key rings are the current trend and can be made using a piece of cardboard and yarn. These are very popular and a great way to recycle and reuse cardboard.



Overdue Books

Please have a look at home for any long lost books. They tend to hide in all sorts of places like under the bed, under the chair cushions, on the bookshelves or under the car seat. I'm always happy to be reunited with a long lost book – even if it's been a few years!

Happy reading!

Kristy Strong Librarian

CLASSROOM NEWS

Our creative Year 4 students recently took on an exciting design challenge—building an egg holder that could protect an egg when dropped from a height!

Using the design process, they researched, planned, built, and tested their ideas. From soft padding to sturdy structures, each design was carefully thought out.

The big moment came when they dropped their egg holders, hoping their eggs would survive the fall! There were cheers for the successful designs and plenty of learning from the ones that didn't quite make it. Well done, Year 4, for your fantastic creativity, teamwork, and problem-solving!











HOW CAN I BE A PASSIONATE LEARNER?

How can I be a SSIONATE LEARNER? **PASSIONATE LEARNER** A ST BRIGID'S LEARNER.... PASSIONATE ABOUT LEARNING DRIVING MY LEARNING.... I will.... I will... I will... Seek and respond to feedback Complete my classwork and Know my next steps and act on them homework Work towards my learning goals Seek extension and new challenges Set myself learning goals Respectfully respond to the others' Offer my opinions and ideas Pay attention opinions and ideas Answer questions Ask thoughtful questions Ask or explore 'why' Ask for help when I have a Explain what the problem is Be a problem solver problem

WEEK 5

Prep - Goldie & Eli

Year 1 - Blake & Everly

Year 2 - Annabelle & Lilly

Year 3- Henry & Brady

Year 4 - Jax & Carter

Year 5- Miley & Eli

Year 6 - Hudson & Khlyan

Awesome Athlete- Tiffany (Yr 3)

Music Maestro - Kasey (Yr 1)

WEEK 6

Prep - Ryan & Cruz

Year 1 - Audrey & Isabella

Year 2 Ella & Brielle

Year 3- Sianna & Tiffany

Year 4 - Mia & Huxley

Year 5- Jackson & Charlotte

Year 6 - Charlotte D & Courtney

Awesome Athlete- Harley (Yr 6)

Music Maestro - Isabella (Yr 4)

WEEK 7

Prep - Juliette & Finnegan

Year 1 - William & Torin

Year 2 - Quinn & Lucy

Year 3 - Grace & Lola

Year 4 - Chloe & Harriet

Year 5- Eva D & Abigail

Year 6 - Maggie & Violet

Awesome Athlete- Abigail (Yr 5)

Music Maestro - Klifton (Yr 6)

WEEK 8

Prep - Hudson & Ella

Year 1 - Lachlan & Bronte

Year 2 - Archie & Cooper

Year 3- Blake & Willow

Year 4 - Kaden & Ariana

Year 5- Eva B & Isla

Year 6 - Nenita & Klifton

Awesome Athlete - Kaden (Yr 4)

Music Maestro - Jacob (Prep)

WEEK 9

Prep - Jacob & Rinea

Year 1 - Vance & Tyler

Year 2 - Shakira & Emilia

Year 3- Flynn & Frankii

Year 4 - Amity & Claire

Year 5- Toby & Pratika

Year 6 - Brayden & Spencer

Awesome Athlete - Brax (Prep)

Music Maestro - Shrika (Yr 1)

Please join us for the march on Friday 25th April, meeting at Lion's Park at 9:50am. Student to wear formal uniform, please bring your hat and water bottle.

We will gather at the post office after the march.



UPCOMING EVENTS

- Tuesday 1st April: 6C led mass Holy Week
 12pm MPA
- Thursday 3rd April: Gold zone party (afternoon session)
- Thursday 3rd April: P&F Movie Premier Dogman. \$15 per ticket raffles and prizes.
 5:30pm @ The Social Hub
- Friday 4th April: Crazy Hair day (gold coin donation)
- Friday 4th April: Last day of Term 1

Term 2 commences Tuesday 22nd April

- Thursday 24th April: ANZAC Day liturgy led by 3P - straight after assembly
- Friday 25th April: ANZAC Day. Please join us to march as a school. Meet Lion's Park 9:50am -March off at 10:15. Dawn service 4:28

TUCKSHOP Every Friday Orders close 9am Thursday Wednesday- Subway Orders close Wednesday 8am QCQuickCliQ CLICK HERE

SCHOOL UNIFORM SHOP

Opening Hours (Term Time Only)

Tuesday afternoon 2:00pm - 4:30pm

Thursday morning 8:00am - 10:00am

Email: stbrigids@wearitto.com.au

SPORTING NEWS

Congratulations to all those students who have been selected for district and CH teams over the term.

Year 5: Isobel, Lachlan.M, Ella, Cooper.N, Leo, Isla, Lachlan.W, Kip

Year 6: Harper, Elsie, Thomas, Brady, Jarrod, Violet, Charlotte, Heidi, Elsie, Grant.G, Jonathan, Codi, Braxtyn, Jack, Charlie, Khylan,



HOW OUR FAIR SCHOOL SYSTEM IS FUNDED

Education is the cornerstone of equity and opportunity.

In Australia, school choice ensures that parents can choose a school that best suits the needs of their child and their values as a family.





STATE AND COMMONWEALTH

Both state and commonwealth governments contribute funds to support school choice and to ensure that every Australian child gets a high quality education.



THE CURRENT FUNDING MODEL

Less than half of Australians know how our education system is funded



THE CAMPAIGN

The Keep School Funding Fair campaign aims to explain the Australian school funding system to all Australians.



CHOICE FOR ALL FAMILIES

We believe the current means-tested school funding system is the fairest way to provide opportunities for all children and choice for all families. That's why we are seeking the support of the Australian community to keep school funding fair.

For more information please take some time to view these videos:

Website link:

About - Keep School Funding Fair

YouTube link:

Do you understand the Australian school funding system?

P & F ASSOCIATION









